## Zap<sup>™</sup> Disposable Dual Arch Fluoride Gel Trays

## **REF YFTHS/YFTHM/YFTHL INSTRUCTIONS FOR USE**

You will wear your fluoride trays 5 to 10 minutes.

- 1. Brush and floss teeth prior to using your fluoride trays.
- 2. Apply a thin ribbon of fluoride gel around the inside edge of the travs.
- 3. Insert trays and bite together to seat the trays.
- 4. If excess fluoride extrudes over the edges of the trays, spit the excess out.
- 5. After 5 to 10 minutes, remove the trays and spit excess fluoride into the sink.
- 6. After your fluoride treatment, do not rinse your mouth, eat or drink anything for thirty minutes.
- 7. Rinse excess fluoride out of trays, dry, and store the clean trays on the mouth models so that they will retain the correct shape.





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Not made with natural rubber latex.



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