

Fluoride Varnishes

Frequently Asked Questions



Instrumentation and
Procedural Products



Find the answers to frequently asked questions about HuFriedyGroup fluoride varnish ingredients, application, and more:



Q. What is the active ingredient in HuFriedyGroup fluoride varnishes?

A. The active ingredient in both our Sparkle V™ Varnish and ProGuard™ Varnish products are sodium fluoride (NaF).

Q. What concentration of sodium fluoride are in your varnishes?

A. Both Sparkle V™ Varnish and ProGuard™ Varnish contains 5% sodium fluoride.

Q. Other varnishes advertises a 22.6 ppm concentration, are they stronger than the HuFriedyGroup products?

A. Parts per million (ppm) is another way of measuring ingredient concentration. Ppm is used to measure the concentration of Fluoride. A concentration of 5% sodium fluoride is equivalent to 22.6 ppm fluoride and the two measurements are frequently used interchangeably.

Q. Is fluoride varnish beneficial for adults?

A. Yes. Fluoride varnish is just as beneficial for adults as it is for children.

Q. Is HuFriedyGroup fluoride varnishes gluten free, soy free, egg free, and nut free products?

A. Our Sparkle V™ Varnish is free of common allergens, including tree nuts, soy, dairy, egg, and gluten. Please see our allergen chart for a more extensive answer

Q. How long should your varnishes stay on the teeth to be the most efficient?

A. We recommend at least 4 hours for ProGuard™ Varnish and 4-6 hours for Sparkle V™ Varnish for maximum efficiency

Q. How soon can I eat after getting varnish applied to my teeth?

A. We recommend only soft foods and cold liquids for at least 2 hours after treatment to allow the fluoride varnish to adhere properly to the teeth.

Q. Can a cotton tip applicator be used to apply varnish?

A. Yes, however it will leave behind cotton fibers in the patient's mouth. An alternative would be a sponge applicator or a different brush.

Q. Is Sparkle™ Varnish a medical device?

A. Yes, it is an FDA regulated class 2 medical device.

Q. What is the ingredient Rosin in Sparkle V™ Varnish?

A. Rosin is a wax that enables the fluoride to adhere to the teeth. It is derived from the stump of the pine tree and not collected from living trees, therefore does not contain tree sap. This source combined with further synthesis during the manufacturing process greatly reduces any adverse reaction to rosin products due to tree nut allergies.

For more information, visit [HuFriedyGroup.com](https://www.hufriedygroup.com)